

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: WOMEN'S LIFE CARE CENTER

Goal: To provide necessary services and referrals to pregnant and parenting women of the metro area

For the period: April 1, 2015-June 30, 2015

| Activity or Service | Activity or Service Description Major Work Plan Activities | Work Plan Count | Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity. | Report Count |
|--|---|-----------------|---|--------------|
| Administrative Activities | Hire, coordinate and train volunteers; assess staff; perform all grant-related administrative duties; purchase grant incentives and supplies; process financial assistance applications; provide oversight, assistance and guidance to counseling staff | | Administrative functions continue to be maintained, fulfilled and further enhanced through the use of a secure client relationship management system and stringent protocols. Director also continues to successfully coordinate staff activities and guidance towards effective maintenance of the center. She also screens applicants for financial assistance and monitors client progress in our education program. | |
| Car Seat Program | Enroll clients in educational incentive program; provide car seat education; provide certified car seat installation; provide car seat if needed | 9 | The car seat program continues to be a very important part of our Learn & Earn Program. Clients are enthusiastic about learning and applying the knowledge and techniques they've learned and find the training very beneficial. | 13 |
| Crib Distribution/ Sleep Safety Education | Enroll clients in educational incentive program; provide Pack-N-Play and Safe Sleep information | 9 | Program participants have acknowledged the importance of safe sleep and are quite receptive to the information we provide. Clients typically pursue additional information beyond the scope of the program after their exposure with us. | 10 |
| Financial Assistance | Provide screening and assistance in completing applications for emergency assistance; provide outside referrals if needed | 3 | Financial evaluations continue to be a very important and standard service offered at the center. Clients seeking financial assistance also receive financial counseling geared towards improved and sustainable family financial planning and management. | 8 |

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| Interpreter Services | Provide interpreter assistance with any program the Center provides | 25 | Interpreting services were provided for Hmong, and Spanish speaking clients to access all grant and center activities. | 53 |
| Nutrition | Enroll clients in educational incentive program; assist participants in accessing program's nutrition education | 8 | Our nutrition education program continues to make an impact through increased awareness and discussions geared towards baby and family health. The program is quite popular and participants are eager to learn, actively engage with questions of their own and are excited to execute for their baby's health and their own. | 11 |
| Parenting Education | Enroll clients in educational incentive program; assist participants in accessing program's parenting education | 8 | Our parenting education is an important part of the Learn & Earn Program and it continues to help participants gain an improved understanding of the care required for their children at all stages. Follow up visits confirm that participants are better equipped for parenting roles and enjoy a more fulfilling experience. | 42 |
| Pregnancy Education | Enroll clients in educational incentive program; assist participants in accessing program's pregnancy education | 8 | Our parenting and pregnancy education programs are usually combined to help parents acquire holistic knowledge and skills to enjoy an improved experience. This continues to be a standard and quite successful service. | 42 |
| Provide Necessary Services Assessments Only | Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services | 5 | Necessary services offered at the center continue to be an important asset to the community we serve. We typically get most of our necessary service clients from other local agencies' referrals. | 7 |

Maternal and Child Health Initiative Task Force Strategies

No.

| Maternal and Child Health Initiative Task Force Strategies | No. |
|---|-----|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i> | 9 |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i> | 4 |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i> | 11 |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i> | 6 |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | 7 |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i> | 3 |

Challenges:

Comments: